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Gem's Skincare Lab LED Face Mask: Modes, Benefits, and How to Use It



The Gem's Skincare Lab LED Facial Mask uses multicolour LED light therapy to help improve the appearance of acne-prone, oily, dull, and aging skin. It's an essential part of your Spa Day at Home routine. Results are gradual and require consistent use as part of a regular skincare routine.

Want to learn more about the science behind at-home LED therapy? A 2025 systematic review





Red Light — Best for Anti-Aging

Red light helps support collagen production and skin recovery while improving the appearance of fine lines, wrinkles, and loss of firmness. With consistent use, skin may appear smoother and firmer.

Blue Light — Best for Acne-Prone Skin

Blue light is designed for blemish-prone skin and may help reduce the appearance of blemishes and excess oil, making it a useful addition to routines for oily or acne-prone skin.

Yellow Light — Best for Dull Skin

Yellow light helps support skin radiance and a brighter-looking complexion. It is suitable for skin that appears dull, tired, or lacklustre.

Green Light — Best for Oily Skin

Green light is designed for oily skin and may help support a more balanced-looking complexion while improving the overall appearance of the skin.

Purple Light — Best for Post-Blemish Skin

Purple light combines red and blue light and is designed for skin following breakouts. It may help support the skin's appearance during recovery and improve the appearance of post-blemish marks.



▶ Cyan Light – Boosts Skin Revitalization

Cyan light is designed to support overall skin revitalization, helping the complexion look refreshed, healthy, and more radiant.

How to Use the LED Facial Mask in your Spa Day At Home Routine

1. Start with clean, dry skin.
2. Long-press the power button to switch the device on.
3. Press the button to cycle through the available treatment modes.
4. Select the light or treatment mode appropriate for your skincare goal.
5. Position the device comfortably against your face according to the manufacturer's instructions.
6. Use for 15–20 minutes per session, unless the manufacturer's instructions specify otherwise.
7. Follow with the appropriate products in your skincare routine.

Best Used With

The LED Facial Mask works best as part of a consistent skincare routine.

- Clean, dry skin for LED treatments
- Hydrating or soothing products after LED treatment
- A skincare routine suited to your skin type and concerns

Safety & Important Notes

- Do not look directly into the LEDs.



- Only use products specifically suitable for iontophoresis with Import Mode.
- Follow the manufacturer's instructions when using the EMS and iontophoresis functions.
- If you have a medical condition, take medication that increases light sensitivity, or have an implanted electronic device, consult a healthcare professional before use.
- Always follow the safety instructions supplied with the device.

Download Your Guide

Download the Gem's Skincare Lab LED Facial Device Guide (PDF)

Need Help?

Have questions about using your LED Facial Device?

Contact Gem's Skincare Lab → [Click Here](#)

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